



## Fall Greetings During a Difficult Time!

Between COVID, fires, smoke, and hurricanes, this fall has been a challenge! However, these somber times have led to new thinking and new possibilities:

- Offering *Celebrating Families!™* (CF!) groups online opened up new possibilities for helping families, especially in rural areas.
- Family dinners are resurgencing as a family “norm” As one author stated *“For me, it’s been kind of joyful amid all the sorrow.”* We know this means more resilience for children as family meals are one of the biggest protective factors a child can have.

## UC Berkeley’s Haas Business School Creates Outreach Program for CF! CA



### Haas Hearts

Connecting the  
Power of MBA with  
Social Impact

Thanks to a volunteer team from UC Berkeley’s Haas School of Business’ *Haas Hearts Program*, we have a detailed roadmap to bring *Celebrating Families!™* of California to a wider audience and a financial donation from Dean Breen. You’ will soon notice a reformatted eBulletin with Facebook and Linked-in pages. Our volunteer team received the Jamie Breen Impact Consulting Award for excellence in consulting among all the school’s projects.  
(<https://haashearts.com>)

**More than 100 participants joined *Celebrating Families!™* Second Webinar** covering online groups for children ages 4-7. Facilitator Melissa Santos, Director of CF! of CA, was joined by Maria Ramirez, Uplift Family Services; Kayla Echevarria-Ures, Bridges’ STARS program; and Veronica Hernandez Champions Recovery Alternative Programs. A recording of the webinar and materials are available at ([www.preventionpartnership.us](http://www.preventionpartnership.us))



## Connecting the Brain to the Rest of the Body: Early Childhood Development and Lifelong Health

A growing understanding of how responsive relationships and language-rich experiences for young children help build a strong foundation for later success in school has driven increased investment and sparked innovation in early learning around the world. ([developingchild.harvard.edu](http://developingchild.harvard.edu))

## Sesame Street and *Celebrating Families!*<sup>™</sup> Facebook Page Present Great Ideas for Families



### National Institutes of Health (NIH) Awards \$2.7 Million Grant for Development of Native American Version Of *CF!* to Tulane Professor

Catherine McKinley, PhD., Associate Professor Tulane School of Social Work, received the grant to find interventions for substance abuse and violence among Native American families that are effective, sustainable, culturally relevant, and family centered. Her curriculum, Weaving Healthy Family (WHF), is a culturally adapted version of the *Celebrating Families!*<sup>™</sup> ([clinicaltrials.gov/ct2/show/NCT03924167](https://clinicaltrials.gov/ct2/show/NCT03924167))



**Family Treatment Court's (FTC) Best Practices continue to find that *Celebrating Families!*<sup>™</sup>** improves parenting capacity, increases participants' understanding of their substance use disorder, and leads to fewer new maltreatment allegations, as well as better child welfare and treatment outcomes. ([www.nadcp.org/wp-content/uploads/2019/09/Family-Treatment-Court-Best-Practice-Standards\\_Final2.pdf](http://www.nadcp.org/wp-content/uploads/2019/09/Family-Treatment-Court-Best-Practice-Standards_Final2.pdf))

### Proposed Dietary Guidelines Suggests Limiting Alcohol to 1 Drink Per Day

- Drinking 2 drinks per day among men has increased deaths from all causes
- There is no evidence that alcohol prevents or improves health outcomes.
- Higher alcohol consumption is associated with increased risk for: injury, falls, sexual assault, drownings, cancer, homicide, intimate partner violence, and alcohol poisoning. ([www.dietaryguidelines.gov/sites/default/files/2020-07/PartD\\_Ch11\\_AlcoholicBev\\_first-print.pdf](http://www.dietaryguidelines.gov/sites/default/files/2020-07/PartD_Ch11_AlcoholicBev_first-print.pdf))

*Celebrating Families!*<sup>™</sup> and *iCelebrando Families!* are programs of NACoA (National Association for Children of Addiction) offering curriculum materials, technical assistance and training services ([nacoa.org](http://nacoa.org)). In California contact Melissa Santos, Program Director *Celebrating Families!* of California: [Melissa.Santos@communitysolutions.org](mailto:Melissa.Santos@communitysolutions.org).



**Prevention Partnership International**  
Embracing, empowering and guiding families

[www.preventionpartnership.us](http://www.preventionpartnership.us)  
[www.celebratingfamilies.net](http://www.celebratingfamilies.net)

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